
CV

1) Personal Information:

Surname: Bakhtari Aghdam

First name: Fatemeh

Gender: Female

Marital State: Married

Nationality: Iranian

Place of Birth: Tabriz

Address: Department of Health education & promotion, Tabriz
University of Medical Sciences

Email: fatemeh.bakhtari@gmail.com

2) Educational background:

Degree	University	Date
PhD Health education & Promotion	Shahid Sadoughi University of Medical Sciences	2013
M. SC. Health education	Tehran University of Medical Sciences	2005
B.Sc. Public health	Tehran University of Medical Sciences	2002

3) Work experience :

Degree	Work Place	Date
PhD. Health education & Promotion	Assistant Professor of Health education& Promotion Tabriz University of medical sciences	2013
M. SC. Health education	Academic member of Health and Nutrition Faculty Tabriz University of medical science	2005-2010
B.Sc. Public health	Public Health Technologist in Health Center	2002-2003

4) Training experience:

Healthy life style, School Health, Reproductive Health, Maternal & children Health, Mental Health, Public health, Family planning, Health services, Sociology, and Clinical training

5) Research experience :

Articles:

Personal, social and environmental factors associated with the behavior of using plastic among urban residents: a study with Socio-Ecological Approach, *International Journal of Preventive Medicine*, accepted

Personal, Interpersonal, and Organizational Predictors of the Mode of Delivery Among Urban Women: A Prospective Study With Socio Ecological Approach, *Clinical Nursing Research J*, 2017; 1–18; DOI: 10.1177/1054773817740530.

Effectiveness of physical activity intervention for sedentary women: a randomized controlled trial, *International quarterly Journal Health scope*: Health Scope. In Press(In Press):e68267. Published online 2016 February 28.

School food environment promotion program: a field trial applying the Socio-ecological model, *International Journal of Pediatrics*, Volume 6, Issue 1 - Serial Number 49, January 2018, Page 6878-6890.

The “Cooperative-Supportive” Intervention for Improving Mental Health Status among Pregnant Women, *Journal of Caring Sciences*, 2018, 7 (2), 101-106, doi:10.15171/jcs.2018.016

The Effect of Maternal Employment on the Elementary and Junior High School Students' Mental Health in Maku, *Global Journal of Health Science*; Vol. 7, No. 2; 2015

The Investigation of Physical activity Female Teachers in Jolfa, *Indian Journal of Fundamental and Applied Life Sciences* Vol. 4 (S4), pp. 3206-3212; 2014

Explaining the Role of Personal, Social and Physical Environment Factors on Employed Women's Physical Activity: A Structural Equation Analysis, *Global Journal of Health Science*; Vol. 5, No. 4; 2013

The Iranian Version of International Physical Activity Questionnaire (IPAQ) in Iran: Content and Construct Validity, Factor Structure, Internal Consistency and Stability, *World Applied Sciences Journal*, 2012

Women's rights in pregnancy and childbirth, *Quarterly Journal of Medical Law(SID)*, Shahid Beheshti University of Medical Sciences, 2012; 6(21): 171-186.

Aids rights in adolescents , *Quarterly Journal of Medical Law(SID)*, Shahid Beheshti University of Medical Sciences, 2010; 5(19): 111-126

The role of Health Belief Model in promotion of beliefs and behaviors of breast cancer screening in women referring to Health Care Centers of Tabriz , *Medical Journal of Tabriz university of medical sciences*.

The Effect of a Pedometer-based Program Improvement of Physical Activity in Tabriz University Employees, *International Journal of Preventive Medicine*, 2016, 7:50

Psychometric evaluation of a self-reported physical activity questionnaire used in the pilot phase of the AZAR Cohort Study, *Health Promot Perspect*. 2016; 6(3): 152–158.

Comparing the Results of Pedometer-Based Data and International Physical Activity Questionnaire (IPAQ), *J Health Syst Res* 2013; 9(6): 605-12.

Determinants of Physical Activity among Patients with Cardiovascular Metabolic Risk Factors based on the Educational Factors of PRECEDE Model: A Mixed Method Study, *Iran J Health Educ Health Promot*. Spring 2016;4(1).

Depression and anxiety in sterilized women in Iran, *J Fam Plann Reprod Health Care* 2007: 33(4)

Knowledge, health beliefs and breast cancer screening behaviors of women referring to health centers of Tabriz, 2010. *Iranian Journal of Breast Disease*, 2010; 3(3, 4): 43-51.

The selection of type of delivery and its related factors in pregnant women in Marand; *Journal of Nursing & midwifery Faculty of Urmia, Iran*; 2009; 7(1): 50- 57.

Post sterilization reversal rate and sexual changes among women referring to health centres of Tabriz, *Daneshvar* 2007(1386); 15(73): 59-64.

Admissions and numbers of days of staying of inpatients on the basis of the Appropriateness Evaluation Protocols in Imam Khomeini teaching hospital of Tabriz, *Medical Journal of Tabriz university of medical sciences*.

Selection of mode of delivery and it's related factors in pregnant women in Marand city, *Medical Journal of Daneshvar Shahed*, 2007

Inappropriateness admissions and inpatients in Imam Khomeini hospital of Tabriz university of medical sciences(Full article), *Research Journal of biological science*(ISI), 2007.

The survey of lifestyle girl and boy students resident in dormitories of Tehran university of medical sciences (TUMS) ,*Research Journal of biological science (ISI)*, 2007.

Epidemiology of food insecurity in the North West of Iran, *Research Journal of biological science (ISI)*, 2007

Psychological and psychosexual effects of tubal sterilization (letter), *Journal of Family Planning and Reproductive Health Care*, 2006.

Important exercise in pregnancy, *The world of body and mental journal*, number 3, 4:5, 2007.

Diabetes & exercise, *The world of body and mental journal*, 2007 (published).

Treatment depression with exercise, *The world of body and mental journal*, number 1:27, 2007.

Books :

Population Research center, Tehran University of medical science & health services,
2002-2003.

6) Research Projects :

Reliability and Validity of the Last 7-d Sedentary Time Questionnaire (SIT-Q-7d) in the adult population covered by the health complexes of Poldasht in 2018.

The survey of factors which related to self- efficacy and type of delivery among pregnant women in Urmia.

Development and Implementation of a Traffic Safety Behavior Promotion among Pedestrian in Tabriz, Iran.

Survey of Unsafe Behaviuor of drivers in the International Road Iran – Turkey.

The survey of cognitive and metacognitive strategies in Kermanshah provinc health workers in 2017.

The survey quality of health services delivered in health care homes in Khoy,Iran: from the viewpoints of clients.

The survey of Traffic Behavior among Pedestrian in Urmia , Iran.

The survey of Traffic Behavior among older people Pedestrian in Zanzan ,Iran.

Prevalence and predictors of depression in East Azerbaijan provinc health workers based on social ecological model in 2017

Determining the effect of training programs about reducing the consumption of plastic bags on its consumption in Hadishahr.

Study Emotional Inteligience and performance among the health workers of Urmia

Need assessment of the breast cancer women reffering to Tohid hospital in Sanandaj

A survey of predictive factors of marital burnout by utilizing social - ecological model on women referred to Tabriz city barber shops.

The effect of counseling on coping strategies of unplanned pregnant women: a randomized controlled clinical trial

A survey of predictive factors of physical activity in older people living in Maku. 2015-2016

The effect of the social network development on reducing hookah use in adolescents Hashtroud city

Design and implementation of the program to promote healthy eating "Student -Friendly Buffet " in the elementary school in Tabriz, Deputy Research of Tabriz University of medical sciences 2015.

Survey the effect of supportive social network on female teachers physical activity of Julfa city, Deputy Research of Tabriz University of medical sciences 2015.

Effectiveness of the intervention program Participatory-supportive based on the model Precede on the enhance the mental health of pregnant women attending urban health centers of Khoy city in 2014

Happiness and its impact on health promoting behaviors in students of Tabriz University of Medical Sciences.

The use of Health Belief Model about prevention of breast cancer in women referring To Health Centers of Tabriz 2007, National public Health Management Center, Tabriz University of Medical sciences, 2007-2008.

Appropriateness admissions and inpatients in Imam Khomeini hospital of of Tabriz, Deputy research of Tabriz university of medical sciences, 2007-2007.

Epidemiology of food insecurity in the north west of Iran, Deputy Research of Tabriz University of medical Sciences, 2005-2006.

7) Congress, Seminar :

نام کنگره	موضوع	نوع ارائه
The 2 end Asian Family Health Research Award	Family Health	پوستر
The 2 end Asian Family Health Research Award	Family Health	پوستر
سمینار دانشجویی علوم بهداشتی	موضوعات متنوع حیطه بهداشت و سلامتی	سخنرانی
دهمین کنگره زنان و مامایی.	زنان	سخنرانی
دومین کنگره سراسری خانواده و مشکلات جنسی	بهداشت خانواده	پوستر
کنگره سراسری آسیب شناسی خانواده	بهداشت خانواده	پوستر
سومین کنگره بین المللی حوادث غیرمترقبه	حوادث و بلایا	پوستر
دومین همایش ملی و تخصصی پژوهش های محیط زیست ایران	موضوعات متنوع حیطه بهداشت محیط عمران و ...	پوستر
سومین کنگره ملی آموزش بهداشت و ارتقای سلامت	چاقی	پوستر
هفتمین همایش چاقی و بیماری های ناشی از آن	تغذیه	سخنرانی
سمینار دانشجویی علوم بهداشتی	موضوعات متنوع حیطه بهداشت و سلامتی	پوستر
سمینار ملی دانشگاه آزاد مرند	زن بهداشت و سلامتی	پوستر
کنفرانس بین المللی جوامع ایمن	ایمنی در کار ، مدارس و ..	سخنرانی
ششمین کنگره باروری ناباروری	موضوعات متنوع حیطه بهداشت	سخنرانی
ششمین کنگره باروری ناباروری	موضوعات متنوع حیطه بهداشت	سخنرانی
ششمین کنگره باروری ناباروری	موضوعات متنوع حیطه بهداشت	پوستر
ششمین کنگره باروری ناباروری	موضوعات متنوع حیطه بهداشت	پوستر
هفتمین کنگره ملی آموزش بهداشت و ارتقای سلامت ایران سال ۱۳۹۵	موضوعات متنوع حیطه بهداشت	پوستر
هفتمین کنگره ملی آموزش بهداشت و ارتقای سلامت ایران سال ۱۳۹۵	موضوعات متنوع حیطه بهداشت	پوستر
هفتمین کنگره ملی آموزش بهداشت و ارتقای سلامت ایران سال ۱۳۹۵	موضوعات متنوع حیطه بهداشت	پوستر
هفتمین کنگره ملی آموزش بهداشت و ارتقای سلامت ایران سال ۱۳۹۵	موضوعات متنوع حیطه بهداشت	پوستر
هفتمین کنگره ملی آموزش بهداشت و ارتقای سلامت	موضوعات متنوع حیطه بهداشت	پوستر

هفتمین کنگره ملی آموزش بهداشت و ارتقای سلامت	موضوعات متنوع حیطه بهداشت	پوستر
هفتمین کنگره ملی آموزش بهداشت و ارتقای سلامت	موضوعات متنوع حیطه بهداشت	پوستر
هفتمین کنگره ملی آموزش بهداشت و ارتقای سلامت	موضوعات متنوع حیطه بهداشت	پوستر
هفتمین کنگره ملی آموزش بهداشت و ارتقای سلامت	موضوعات متنوع حیطه بهداشت	پوستر
هفتمین کنگره ملی آموزش بهداشت و ارتقای سلامت	موضوعات متنوع حیطه بهداشت	پوستر
کنگره بین المللی آموزش بهداشت و ارتقای سلامت	موضوعات متنوع حیطه بهداشت	پوستر
اولین کنگره بین المللی مطالعات اجتماعی سلامت	موضوعات مرتبط با سلامت و محیط	پوستر
همایش آموزش پزشکی پاسخگو	موضوعات مرتبط با آموزش پزشکی	پوستر
همایش آموزش پزشکی پاسخگو	موضوعات مرتبط با آموزش پزشکی	پوستر
چهاردهمین کنفرانس آمار ایران	موضوعات مرتبط با آمار زیستی و ریاضی	پوستر

8) Others activities :

Second number accepted in MSc degree examination.

Member of editorial board, The world body & mental journal.

Instructor in workshop, health center of province, 2005

Attended in workshop, Focus Group Discussion, 2004

Attended in workshop, education prevention of AIDS, Red Cross Tehran, 2004

Member of scientific committee, Tehran, seminar health sciences, 2003

Attended in workshop, Focus PDCA, health center of Azarshahr, 2001