Resume of Dr. Khorshid Mobasseri Zarnaq

1. Personal characteristics

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| **Name** | Dr. Khorshid Mobasseri Zarnaq  | D:\khorshid\PHD7\ثبتنام دانشگاه\اسکن شناسنامه و کارت ملی و عکس\عکس3در4.jpg |
| **Date of birth** | 1990-4-12 |
| **Marital status** | Married |
| **Email** | khorshid.m69@gmail.com |
| **Phone Number** | 09374795181 |

1. Education

PhD:

* ***Ph.D. in Gerontology****,* TBZMED, 2022
* ***Dissertation:*** " Home care services for older adults and developing a comprehensive model of home-based long-term care"

M.Sc.:

* ***M.Sc. in Medical-Surgical Nursing,*** Tehran Azad University, 2016
* ***Dissertation:*** " [Comparison of the quality of life before and after angioplasty in people with coronary artery disease (CAD](http://journal.icns.org.ir/browse.php?a_id=391&sid=1&slc_lang=en)) in Tehran teaching hospitals in 2014-2015"

B.Sc.:

* ***B.Sc. in Nursing,*** TBZMED, 2011
1. Citations and Publications in the scientific journals
	1. *Citations*

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| Google scholar | Citation | 133 |
| H index | 5 |
| i10-Index | 3 |
| Google scholar link | <https://scholar.google.com/citations?user=IAOGOWsAAAAJ&hl=fa>.  |
| Scopus | Citation | 32 |
| H index | 3 |
| Scopus link | <https://www.scopus.com/authid/detail.uri?authorId=57220155515>  |
| Citation | 133 |
| H index | 5 |
| i10-Index | 3 |
| Google scholar link | <https://scholar.google.com/citations?user=IAOGOWsAAAAJ&hl=fa>.  |

* 1. *Publications in the scientific journals*

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| **No** | **Characteristics of Journal** | **Title of paper** | **Contribution** |
| **First Author** | **Corresponding Author** | **Co-author** |
| 1 | PLOS ONE, Q1, IF: 3.752 | Developing a Comprehensive Model of Home-Based Formal Care for Elderly Adults in Iran: A Study Protocol | \* |  |  |
| 2 | JOURNAL OF EDUCATION AND HEALTH PROMOTION, Q2, IF:1.4 | Home-Based Supportive and Health Care Services Based on Functional Ability in Older Adults in Iran | \* |  |  |
| 3 | Health Scope, IF:.6 | Structure of Home-Based Care for Geriatrics across Countries: Scoping Review | \* |  |  |
| 4 | Iranian journal of public health,Q4, IF:1.4 | The main issues and challenges older adults face in the SARS-CoV-2 pandemic: a scoping review of literature | \* |  |  |
| 5 | Activities, Adaptation and Aging, Q3, IF:**.5** | Factors affecting healthy life style among older adults: a qualitative study | \* |  |  |
| 6 | Health & Social Care in the Community, Q1, IF:2.4 | Experiences regarding home care for older adults from the viewpoint of family, paid caregivers, nurses and experts: a qualitative study | \* |  |  |
| 7 | Nursing Open, Q2, IF:2.3 | Nursing process from theory to practice: Evidence from the implementation of" Coming back to existence caring model" in burn wards |  | \* |  |
| 8 | Phytotherapy Research, Q1, IF:7.2 | The effects of Huperzine A on dementia and mild cognitive impairment: An overview of systematic reviews |  |  | \* |
| 9 | Plos oneIF: 3.752 | Marriage survival in new married couples: A competing risks survival analysis.  |  |  | \* |
| 10 | Applied Nursing Research, Q2, IF:1.9 | Illness acceptance, medication adherence and the quality of life in patients with heart failure: A path analysis of a conceptual model  |  |  | \* |
| 11 | Aging and social policy, Q1, IF:**7.084** | [Factors Affecting Health Policies for Older People in Iran‏](https://scholar.google.com/citations?view_op=view_citation&hl=fa&user=IAOGOWsAAAAJ&citation_for_view=IAOGOWsAAAAJ:Se3iqnhoufwC)  |  |  | \* |
| 12 | Management Strategies in Health System | East Asia's strategies for effective response to COVID-19: Lessons learned for Iran (In Persian) |  |  | \* |
| 13 | Preventive Care in Nursing & Midwifery Journal | Does high social capital lead to creation of a favorable ethical environment in the organization? A survey from the perspective of nursing staff in public hospitals of Tehran (In Persian) |  | \* |  |
| 14 | J Res Relig Health | Analyzing the Role of Religion and Religious Institutions in Policymaking on AIDS in Iran (In Persian) |  | \* |  |
| 15 | Journal of Health Based Research | The Relationship between Organizational Entrepreneurship and Communications Network in Health Deputy of Ahvaz University of Medical Sciences (In Persian) |  | \* |  |
| 16 | Iranian Journal of Cardiovascular Nursing | Comparison of the quality of life before and after angioplasty in people with coronary artery disease (CAD) (In Persian) | \* |  |  |
| 17 | Depiction of Health | Evaluation of Capabilities of Health Care Management Bachelor of Science Graduates (In Persian) |  |  | \* |

1. Research Projects

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| **No** | **Title**  | **Contribution** |
| 1 | Review and analysis of the past, present and future of the Iranian health system based on systematic review, review of documents and process analysis | Co-worker |
| 2 | Policy interventions to improve healthy lifestyle in elderly people: a case study in Iran | Co-worker |
| 3 | Comparative study on selected countries experiences in front on COVID-19: Lessons learned for East Azarbayjan Province | Co-worker |
| 4 | Effects of Huperzine A on Dementia and Mild Cognitive Impairment: An overview of systematic reviews | Co-worker |
| 5 | Developing Primary health care provision framework for elderly people with focus on public-private partnership | Co-worker |
| 6 | Assessment of the elderly health program in health system Tabriz University of Medical Sciences | Co-worker |
| 7 | The lifestyle of the older adults with Coronary artery disease and designing an educational plan for health promotion | executor of plan |

1. Teaching Experience
	1. *Nursing faculty*

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| Semester (Year) | Course |
| First (2017-2018) | Burn (2.35) |
| Cardiac emergency (7.06) |
| Second (2017-2018) | Medical surgical (8.09) |
| Cardiac emergency (8.63) |
| First (2018-2019) | Cardiac emergency (7.06) |
| Men's heart surgery (5.88) |
| Second (2018-2019)1.
 | women's heart surgery (7.5) |
| Cardiac emergency (7.5) |
| OSCE (0.29) |
| First (2019-2020) | Adult-geriatric nursing 3 (5.88) |
| Adult-geriatric nursing 1(4.80) |
| Second (2019-2020) | Nursing in common conditions (1) |
| Total  | 66.04 |

 *5.2. Health faculty*

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| Semester (Year) | Course |
| First (2019-2020) | Nursing skills (1) |
| First (2020-2021) | Nursing skills (1) |
| First (2022-2023) | Nursing skills (1) |
| Total  | 3 |

1. Work Experience
* *Worked as a clinical nurse for 2 years in Madaen Hospital, Tehran*
* *A faculty member for 3 years in Nursing Faculty of TBZMED*
1. Authoring and translating the book:
* ***Translation of two versions of NANDA International Nursing Diagnoses: Definitions and Classification; 2019 and 2021***
1. Participation in Congeries:

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| **No**  | **Title of paper** | **Congaree** | **Year** | **Lecture** | **Poster** |
| **1** | The role of religion in the control of HIV/AIDS disease: an exploratory qualitative study in Iranian society | First National Human/Society/Health Interdisciplinary Conference | 2015 | \* |  |
| **2** | The impact of organizational communications network on organizational entrepreneurship: a survey in vice-chancellor for health affairs in Ahvaz university of medical science  | 3rd.international conference on management and humanities | 2016 | \* |  |
| **3** | Comparison of the quality of life of coronary artery patients before and after angioplasty in teaching hospitals of Tehran in 2014-2015 | National Health Management Congress | 2015 |  | \* |
| **4** | Social accountability 3A model (Awareness, Action, Achievement: a practical guide for clinical education planners | The 23rd national conference on medical science education | 2022 |  | \* |
| **5** | Promotion of nursing student’ empowerment in assessment, diagnosis, design and evaluation of care plans in burn wards | The 3rd international conference and the 8th national conference on burns | 2019 |  | \* |
| **6** | Improving the ability of nursing students in examining, diagnosing, designing and evaluating care programs in burn departments | Martyr Motahari Festival | 2018 |  |  |
| **7** | Evaluating the ability of health service management graduates based on the needs of the labor market | The third international conference on management and business | 2019 | \* |  |
| **8** | Mental health of the elderly in the covid-19 pandemic: a scoping review | The 8th self-care and patient education symposium | 2020 |  | \* |
| **9** | Identifying the professional qualification of health service management graduates and improving it | Martyr Motahari Festival | 2019 |  |  |
| **10** | How have countries responded to the need for home care for the elderly? | Nationwide webinar on home care experiences | 2022 |  | \* |
| **11** | The current home care system for the elderly, care challenges and proposed solutions from the perspective of different stakeholders | Nationwide webinar on home care experiences | 2022 | \* |  |
| **12** | - | Fasting and health seminar | 2017 | participant |  |
| **13** | Assessing the status of home care services for Iranian elderly and developing a comprehensive home-based care model | Improving the quality and excellence of services in the health system | 2023 |  | \* |
| **14** |  | Improving the quality and excellence of services in the health system | Reviewer |  |  |

1. Research Interests

*Long-term care, nursing home care, palliative care and cardiovascular disease nursing*

1. Honors
* *Premier Researcher Student in Tabriz University of Medical Sciences (Ph.D.), 2023.*
* *Selection of the educational process as the best process in Shahid Motahari Festival 2018*
1. Activities during educational period
* *Member of the Central Council of the Scientific Association of Gerontology and
Geriatrics*
* *Active member of Student Research Committee of Tabriz University of Medical Sciences*
1. Skills and Languages
* *Nursing skills*
* *Academic English Writing*
* *Qualitative studies*
* *Quantitative studies (path analysis, regression….)*
* *Working with different apps (end note, Mendeley, spss, MAXQDA)*
* *Spoken Languages: English (intermediate)*